

Military, Law, and more ...

U.S. Senators Marsha Blackburn, Kirsten Gillibrand, and Susan Collins get resolution passed to honor first female Medal of Honor recipient Dr. Mary Edwards Walker posthumously

NASHVILLE, Tenn. March 19, 2025 – U.S. Senators Marsha Blackburn (R-Tenn.), Kirsten Gillibrand (D-N.Y.), and Susan Collins (R-Maine) released the following statements after their resolution to posthumously honor Dr. Mary Edwards Walker, the first female Medal of Honor recipient, passed the Senate unanimously:

“Dr. Mary Walker is the first and only woman ever to receive the Medal of Honor,” said Senator Blackburn. “As the first female U.S. Army surgeon during the Civil War, Dr. Walker blazed countless trails for American women while treating wounded soldiers in Chattanooga, serving at an orphan asylum in Clarks-ville, and advocating for women’s suffrage. I’m pleased the Senate passed our resolution to honor this true American hero for generations to come.”

“Dr. Mary Edwards Walker was a trailblazing surgeon, abolition-



Sen. Marsha Blackburn

ist, and suffragist. An Oswego native, she graduated with honors from Syracuse Medical College in 1855 as the only woman in her class and set up a medical practice in Rome before becoming a surgeon for the Union Army. I am proud to be introducing this resolution to honor this American hero,” said Senator Gillibrand.

“A pioneer in both medicine and

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women's advocacy, Dr. Mary Edwards Walker was the first female U.S. Army surgeon and the only woman to ever receive the Medal of Honor,” said Senator

Collins. “From tending to the wounded across enemy lines during the American Civil War to fighting for women’s rights, her legacy continues to inspire those who seek to break barriers, challenge conventions, and dedicate themselves to the service of others.”

See below a portion of the Resolution which was passed during Women History Month in March.

RESOLUTION

Honoring the life and legacy of Dr. Mary Edwards Walker

Whereas Dr. Mary Edwards Walker was born on November 26, 1832 in the Town of Oswego, New York;

Whereas Dr. Walker became the first female U.S. Army surgeon during the Civil War;

Whereas Dr. Walker decided to still serve as an unpaid volunteer

surgeon at the U.S. Patent Office Hospital in Washington as she was not allowed to serve as a medical officer because she was a woman;

Whereas in 1862, Dr. Walker moved to Virginia and started treating wounded soldiers near the front lines at Fredericksburg and Chattanooga, TN;

Whereas during her work as a surgeon in the war, Dr. Walker often crossed battle lines to care for soldiers and civilians;

Whereas in September 1864, Dr. Walker was contracted as the assistant surgeon of the Ohio 52nd Infantry;

Whereas Dr. Walker served at the Louisville Women's Prison Hospital and at an orphan asylum in Clarks-ville, TN;

Whereas after the war's conclusion in 1865, Dr. Walker was awarded the Medal of Honor for Meritorious Service by President Andrew Johnson; and

Whereas Dr. Walker continued

to advocate for women's rights, including promoting dress reform and pushing for women's suffrage, believing strongly in the power of self-determination and equality between men and women: Now, therefore be it

Resolved, That—

1. the Senate—

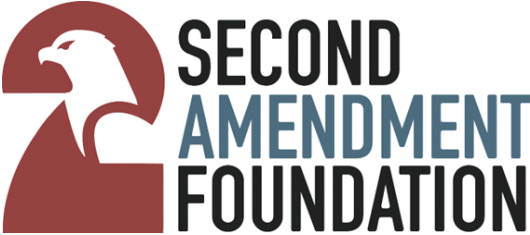
(A) honors the life and legacy of Dr. Mary Edwards Walker, recognizing her as a trailblazer in medicine, a champion for women’s rights, and a true American hero who exemplified the ideals of service, courage, and resilience; and

(B) commit to ensuring Dr. Walker’s story is remembered and celebrated for generations to come, inspiring others to follow in her footsteps in pursuit of justice and equality.

SAF asks American to ‘Pledge to Defend 2nd Amendment’

BELLEVUE, Wash. — March 24, 2025 — In its ongoing fight to protect the right to keep and bear arms, the Second Amendment Foundation (SAF) is launching a new national television ad calling on Americans to pledge to defend the Second Amendment from gun grabbing groups and individuals who are trying to thwart President Donald Trump’s efforts to unravel Joe Biden’s attempt to erase their rights.

In its 60-second message, which will air multiple times on 19 different cable networks beginning next week, SAF warns of continuing attacks on Second Amend-



ment rights. The Foundation tells the nation how gun-hating radical groups are doubling down in their attacks.

“President Trump is taking actions to roll back Biden’s attack on your Second Amendment rights,” the SAF message says. “But the gun-grabbing radicals are far from done!”

“In our message, we warn the country about anti-gun extremists who are going state-by-state, pushing an agenda to ban the sale of common firearms,” SAF founder and Executive Vice President Alan M. Gottlieb explained. “They want to pass laws to deny Americans their right to own firearms under the Constitution.

Second Amendment (proposed 1789, ratified 1791)

“A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.”

“SAF is leading the legal fight to stop this war on gun rights,” he added, “but we need the help of millions of Americans who are willing to pledge their support and defend the Second Amendment.”

The new SAF advertisement will air on the following networks: Fox News, Fox Business,

CNN, MSNBC, HLN, the Weather Channel, CNBC, Bloomberg, BBC America, One America News, the History Channel, TBN, American Heroes Channel, the Outdoor Channel, World Fishing, Game Show, RFD, Direct TV and DISH TV.

The advertisement asks viewers to call 800-699-0992 and press

“Every American who joins this fight,” Gottlieb said, “helps us in our effort to win firearms freedom, one lawsuit at a time.”

#1 to make their pledge to defend the Second Amendment. “Every American who joins this fight,” Gottlieb said, “helps us in our effort to win firearms freedom, one lawsuit at a time.”

The Second Amendment Foundation (saf.org) is the nation’s oldest and largest tax-exempt education, research, publishing and legal action group dedicated to safeguarding and promoting the fundamental rights of individuals enshrined in the Second Amendment of the United States Constitution. SAF engages in aggressive legal action to ensure the principles of armed self-defense, personal liberty, and the ownership of arms are defended, secured, and restored.

Through public education initiatives, SAF teaches the importance of the Second Amendment to promote a society that values and exercises the right to keep and bear arms.

Sports can empower young women to conquer challenges from sports page 1

can help girls improve their physical and emotional health.

Most forms of physical activity will have a positive impact, but studies suggest some will do more good than others.

For example, an extensive study in the Mayo Clinic Proceedings looked at the impact on longevity of eight popular sports. As compared to participants who remained sedentary, everyone who took up a sport experienced health benefits. But tennis came in first by a wide margin, increasing life expectancy by 9.7

years, ahead of badminton, soccer, and cycling.

A separate study found that just three hours of racquet sports (specifically tennis, badminton and squash -- and not pickleball) a week reduces a person's risk of death from cardiovascular disease by 56% -- and the risk of death from all causes by 47%. A 2016 study found that college students who trained at tennis for 90 minutes a week had lower levels of anxiety and depression.

Tennis has no shortage of female

role models who have overcome personal challenges. Serena Williams, winner of 23 Grand Slam singles titles, has spoken about her struggles with body image, and Coco Gauff, the third-ranked WTA player at just 20, has talked about her mental health challenges. Their openness helps make them inspirational figures.

Whatever sport a girl chooses, it will have a positive impact on her health, while building confidence, self-sufficiency, and discipline. Closing the gender gap in sports participation could go a

long way toward ensuring young boys and girls can develop skills to live healthy and rewarding lives.

Brian Hainline, MD is Immediate Past President of the United States Tennis Association and recently transitioned from the

NCAA as their Chief Medical Officer. He co-chaired the International Olympic Committee Consensus Meetings on both Pain Management in Elite Athletes and Mental Health in Elite Athletes. Brian is Clinical Professor of Neurology at NYU Grossman School of Medicine.

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Lisa Ann Walter & Buster for PETA